



ONLINE ORDERING AVAILABLE AT [WWW.ANGELFOODMINISTRIES.COM](http://WWW.ANGELFOODMINISTRIES.COM)

Valencia United Methodist Church, 25718 McBean, Valencia, CA 91355 661-284-1866 Ext. 121 [wow@umcv.org](mailto:wow@umcv.org)

## AUGUST 2010

Check items you wish to order. See back of order form for list of contents of each box.

_____	<b>REGULAR BOX</b>	<b>\$29</b>
_____	<b>SENIOR/CONVENIENCE BOX</b>	<b>\$28</b>
_____	<b>AFTER SCHOOL BOX</b>	<b>\$24</b>

**\*\*\*Specials can be ordered individually with or without the purchase of a box above.\*\*\***

_____	<b>SPECIAL # 1</b>	<b>Assorted Grill Box (6 lb)</b>	<b>\$24</b>
_____	<b>SPECIAL # 2</b>	<b>Steak and Chicken Box (4 lb)</b>	<b>\$23</b>
_____	<b>SPECIAL # 3</b>	<b>12 ct. Gourmet Flavored Chicken Breast Box</b>	<b>\$22</b>
_____	<b>SPECIAL # 4</b>	<b>Oven Ready Entrées by Angel Food</b>	<b>\$24</b>
_____	<b>SPECIAL # 5</b>	<b>Premium Fresh Fruit and Veggie Box</b>	<b>\$21</b>
_____	<b>SPECIAL # 6</b>	<b>Bit O' Blessing Box</b>	<b>\$21</b>

**INSTRUCTIONS:** Please return your completed order by mail or in person to the church office with your payment. Mail orders must include payment by check or money order and must be received by the order deadline. Orders processed in person at the church office can be paid by cash, check, money order or food stamps (EBT). **PLEASE ISSUE PAYMENTS TO VALENCIA UNITED METHODIST CHURCH and return to Angel Food, Valencia United Methodist Church, 25718 McBean, Valencia, CA 91355.**

**ALL SALES ARE FINAL, NO REFUNDS OR CREDITS.** Food not claimed by 11 am on distribution day will be donated to local food pantries. ANGEL FOOD MINISTRIES reserves the right to substitute food items due to availability, quantity, and cost.

**DEADLINE FOR ORDERS – FRIDAY, AUGUST 20, 2010**

**DISTRIBUTION DAY – SATURDAY, AUGUST 28, 2010 10 AM ~ 11:00 AM**

*Please bring your receipt (receipt will be mailed to you) and a large box in which to collect your food.*

If submitting your order by mail, detach the following section and mail to the church with your

ITEM	PRICE	QUANTITY	SUB-TOTAL	
Basic	\$29			Last Name
Senior	\$28			First Name
After School	\$24			Address
Special # 1	\$24			City
Special # 2	\$23			Zip
Special # 3	\$22			Tel # (    )
Special # 4	\$24			E-Mail
Special # 5	\$21			
Special # 6	\$21			
<b>TOTAL</b>				
How did you hear about Angel Food?	Angel Food Website _____	Flyer _____ Friend _____ Ordered before _____	Other (please describe) _____	
Check # _____	EBT _____	Money Order _____	Cash _____	



### REGULAR BOX

Balanced nutrition and variety with enough food to feed a family of four for a week

- 1 lb. Lean Ground Beef
- 1 lb. Crunchy Fish Wedges (Bake or Fry-8 ct.)
- 1.5 lb. Pork Chops (4 x 6 oz.)
- 1 lb. Bonus Item - Lean Ground Beef
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Carrots
- 1 lb. Frozen Corn
- 1 lb. Frozen Cauliflower Florets
- 1.5 lb. New York Strip Steaks (4 x 6 oz.)
- 1.5 lb. Breaded Chicken Breast Chunks Pasta
- 26 oz. Pasta Sauce
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs

**\$29**

### SENIOR/CONVENIENCE BOX

#### *For Seniors or People on the Go!*

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Fish Fillet**, Lightly Breaded & Baked, with a Rice Blend, Carrots and a Broccoli/Red Pepper Blend
- Sweet and Sour Pork** with Rice, a Green Pea/Carrot Blend and Cauliflower
- Red Beans and Rice** with Smoked Pork Sausage, Carrots and Brussels Sprouts
- White Chicken Cacciatore** with Rice, Carrots and Yellow Squash with Onions
- Breaded Chicken Parmigiana** with Spaghetti, Corn/Red Pepper Blend and Zucchini
- White Chicken and Gravy** over Noodles, Corn and Broccoli
- Salisbury Steak & Gravy** with Red Wedge Potatoes, a Green Pea/Carrot Blend and Brussels Sprouts
- Meatball Stroganoff** over Noodles, Carrots and Broccoli
- Country Herb White Chicken** with Mashed Potatoes, Green Peas and a Lima Bean/Red Pepper Blend
- Macaroni and Cheese**, Black Bean, Corn and Red Pepper Blend and Cauliflower

**\$28**

### Just 4 Me – After School Box

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lb. Chicken Fingers
- 1.5 lb. Mini Corn Dogs
- 1 (3.88 oz.) The BBQ "Sammich"
- 2 each (2.6 oz.) Chicken Sandwiches (2 packages with twin sandwiches)
- 4 (4 oz.) Hot Pockets
- 1 (12 ct.) Pizza Bites
- 1 (6 ct.) Cereal Bars
- 2 each (1.58 oz.) White Castle Hamburgers (2 packages with twin sandwiches)
- 3 (2.2 oz.) PBJ on Graham Wafer
- 2 (2.8 oz.) Peanut Butter and Jelly Jamwich

**\$24**

\*\*\*Specials can now be ordered individually with or without the purchase of a box above.\*\*\*

#### **AUGUST SPECIAL #1**

- Assorted Grill Box (6 lb.)** **\$24.00**
- 1 lb. Sirloin Strip Steaks (2 x 8 oz.)
- 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
- 1.5 lb. Mild Italian Sausage
- 1.5 lb. Bacon-Wrapped Chicken Breast Fillet (4 x 6 oz.)

#### **AUGUST SPECIAL #2**

- Steak and Chicken Box (4 lb.)** **\$23.00**
- 2 lb. Ribeye Steaks (4 x 8 oz.)
- 2 lb. Jumbo Chicken Breast (4 x 8 oz.)

#### **AUGUST SPECIAL #3**

- 12 ct. Gourmet Flavored Chicken Breast Box (4.5 lb.)** **\$22.00**
- 4 Italian Chicken Breast (6 oz. ea.)
- 4 Teriyaki Chicken Breast (6 oz. ea.)
- 4 Lemon Herb Chicken Breast (6 oz. ea.)

NEW!!! **ALL NEW ITEM!!!** NEW!!!

#### **AUGUST SPECIAL #4**

- Oven Ready Entrées by Angel Food** **\$24.00**
- 4 (2 lb.) Fully cooked Meals - Just Heat and Serve
- 2 lb. Seafood Lasagna
- 2 lb. Lasagna with Meat Sauce
- 2 lb. Country Fried Steak with Gravy
- 2 lb. White Chicken Noodle Casserole

#### **NEW LOWER PRICE!!!**

#### **AUGUST SPECIAL #5**

- Premium Fresh Fruit and Veggie Box** **\$21.00**
- 1 Cantaloupe
- 4 Peaches
- 4 Navel Oranges
- 1 Mango
- 1 Cello Head Lettuce
- 1 lb. Cello Carrots
- 2 lb. Yellow Onions
- 3 lb. Idaho Potato
- 20 oz. bag Fresh Green Beans
- 1 Head Cabbage
- AFM Fruit and Veggie Recipe Sheet

#### **AUGUST SPECIAL #6**

- Bit O' Blessing Box** **\$21.00**
- 16 oz. Stuffed Sandwiches (Assorted Flavors - 4 x 4 oz.)
- 12 oz. Steaks (2 x 6 oz.) or 1.5 lb. Beef Roast or 2 lb. Mac & Beef Entrée
- 1.5 lb. Country Fried Steak Patties
- 1 lb. Ground Beef
- 1 lb. Crunchy Fish Bites
- 1 lb. Frozen Fruit or Green Beans
- 1 lb. Rice

Orders Due: **Friday, August 20, 2010**  
 Distribution Day: **Saturday, August 28, 2010 10-11 am**  
 Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights Washington, DC 20250-9410. Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality We Accept Food Stamps (EBT).  
[www.angelfoodministries.com](http://www.angelfoodministries.com)

*Please pray for me or someone I know (my prayer requests follow):*